



Treatment for General Offending

The seven major risk/need factors along with some minor risk/need factors:

MAJOR RISK / NEED FACTOR	INDICATORS	INTERVENTION GOALS
Antisocial personality pattern	Impulsive, adventurous pleasure seeking, restlessly aggressive, irritable	⇒ Build self-management skills ⇒ Teach anger management
Pro-criminal attitudes	Rationalizations for crime, negative attitudes towards the law	⇒ Counter rationalizations with prosocial attitudes ⇒ Build up a prosocial identity
Social supports for crime	Criminal friends, isolation from prosocial others	⇒ Replace pro-criminal friends & associates with prosocial friends & associates
Substance abuse	Abuse of alcohol and/or drugs	⇒ Reduce substance abuse ⇒ Enhance alternatives to substance use
Family/marital relationships	Inappropriate parental monitoring and disciplining, poor family relationships	⇒ Teaching parenting skills ⇒ Enhance warmth and caring
School/work	Poor performance, low levels of satisfactions	⇒ Enhance work/study skills ⇒ Nurture interpersonal relationships within the context of work and school
Prosocial recreational activities	Lack of involvement in prosocial recreational/leisure activities	⇒ Encourage participation in prosocial recreational activities ⇒ Teach prosocial hobbies and sports



NON-CRIMINOGENIC, MINOR NEEDS	INDICATORS
Self-esteem	Poor feelings of self-esteem, self-worth
Vague feelings of personal distress	Anxious, feeling blue
Major mental disorder	Schizophrenia, manic-depression
Physical health	Physical deformity, nutrient deficiency